



CHILD & FAMILY THERAPY & COUNSELLING

DOUBLE LISTENING- NARRATIVE RE-AUTHORING PRACTICE

7-8 June 2024

VIVACIOUS LIVING CENTRE, APPLECROSS



Presenter: Angela Ranallo

Child & Family Therapist
Clinical S/W

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The Two-day training workshop will focus on DOUBE LISTENING narrative re-authoring practice. It is a practice skill opening spaces to explore other territories that exist side-by-side to problematic experiences.

DOUBLE LISTENING is more than active listening. According to David Pare (2013), double listening is *“the practice of staying open to hopeful possibilities always on the other side of the struggle”* and listening for words that may be *“a hinge around which two stories can swing”*. Monk and Winslade (2013).

DOUBLE LISTENING is a particular way of listening with our eyes, our senses, our ears, our imagination, and curiosity.

DOUBLE LISTENING practice skill training will be a step-by-step experiential teaching and learning ways to listen, and what to listen for in the process of co-creating double storylines running parallel in client/people's lives.

DOUBLE LISTENING practice skill may be applied in therapeutic conversations in clinical and non-clinical settings. The two-day workshop will have a focus on working with children, young people, and families.

The training will include live interviews with volunteer participants and stop/start video interview to guide therapeutic practice exercises and opportunities for experiments, reflections and questions.

During the two-day training workshop is experiential with many opportunities for hands-on practice exercises.

The training workshop will focus on

- Reflecting on beliefs and habits of listening that can stand in our way of double listening
- Listening is always active and selective; organised around meaning and shaped by experiences and by ideas acquired through our lives and by the discourses in which we participate and live
- 'Tuning' our ears so that we listen (and hear) in ways that help us contribute to therapeutic conversations that may be useful to persons
- Tuning our ears to listen for and capture small traces of subordinate stories such as
 - Conjunctions words and bifurcation points that interweave and intersect stories such as, But, or; and; hence; so, neither, since...
 - Body speaks – voice; pace; posture...
 - 'The absent but implicit' story markers in person's recounting their experiences
 - Listening to crossroads where several stories collide, meet, or intersect
 - Tuning in to half sentences...

By the end of the training workshop participants will:

- Have increased understanding of how to engage in double-listening reauthoring practice and what may block the double-listening
- Have experimented with, and gain increase confidence in double listening practice skill by tuning in to the usefulness of various aspects of listening/hearing that may have potentially been taken for granted.
- Receive a Certificate of Participation

Who is the training workshop for:

This training is designed and suitable for psychologists, social workers, youth workers, family therapists, chaplains, counsellors, and occupational therapists who work with children, young people and families.

About Angela

Angela Ranallo is an AASW Accredited Mental Health Social Worker and Accredited Supervisor. She is a Clinical member of the Australian Association of Family Therapy (AAFT). Angela has written a number of published and unpublished reflection practice papers and designs and facilitates training and professional development workshops in the area of psychosocial health. For thirteen years, she has held the position of Senior Clinical Social Worker/therapist with the Department for Child Protection and Family Support's Psychology Services and now consults full time in her private practice: Child & Family Therapy Counselling in Bicton.

For a full profile about Angela Ranallo please visit:
www.childfamilytherapycounselling.com.au

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REGISTRATION FORM

DOUBLE LISTENING- NARRATIVE RE-AUTHORING PRACTICE

When: 7-8 June 2024

Time: 9.30am – 4.30pm

Location:

Vivacious Living Centre

Upstairs

9a/9 Riseley Square

Applecross WA 6153

Australia



Cost: \$600 & \$550 for (Australian Association of Family Therapy)AAFT members and/or trainees

Morning and afternoon tea/coffee will be provided

REGISTRATION:

Name: _____

Email: _____ Phone: _____

Postal Address: _____ Mobile: _____

Work (context/ interests): _____

Agency Payment: _____

Email: _____ Phone _____

PAYMENT: Direct Debit or Credit Card facilities must be made on registration

Direct bank payment to: Angela Ranallo BSB 037-143 Account No 852808. Please put your name and the training event in the reference field

Scan and email the registration form to angelaran@bigpond.com

Cancellation Policy Cancellation up to 1 week prior to commencing will incur an administration fee of \$70. If you cancel your place with less than 1 week, refund will be made only under exceptional circumstances. Please note the training workshop may be cancelled or rescheduled due to circumstances beyond the control of Angela Ranallo, in which case the fees will be fully refunded.